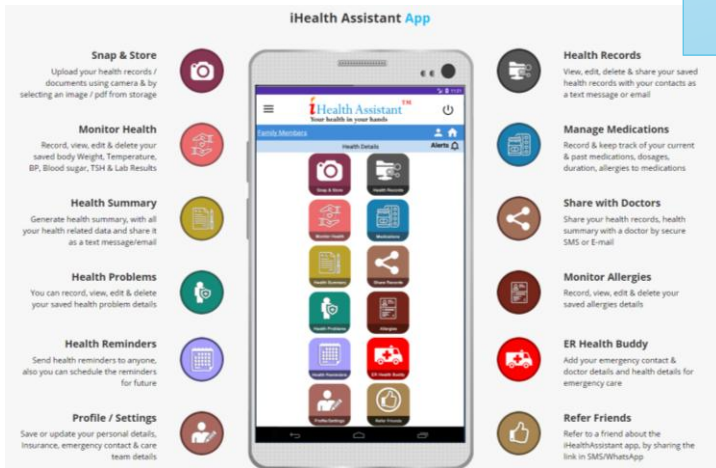


# iHealth-Assistant App

Visit: [iHealthAssistant.com](http://iHealthAssistant.com)



Use iHealth-Assistant  
to help doctors offer  
you better care

## How to Begin...

1. Visit [ihealthassistant.com](http://ihealthassistant.com) for more details
2. Download app and create your health profile
3. Enter/upload your health and medication details



## Some features you can use....

### Snap & Store

Upload your health records / documents using camera & by selecting an image / pdf from storage



1. Take a picture of your health record / medication
2. Upload the image to the app from your storage or camera roll

### Health Problems

You can record, view, edit & delete your saved health problem details



1. Record any health problems.
2. Update your problem status and share health problems history with the doctor.

### Health Records

View, edit, delete & share your saved health records with your contacts as a text message or email



1. View, edit, delete your health data
2. Access and share your records with your doctor and other specialists.

### Manage Medications

Record & keep track of your current & past medications, dosages, duration, allergies to medications



1. Record all medications you have, including dose, frequency, and duration.
2. Share medication history with doctor.

### ER Health Buddy

Add your emergency contact & doctor details and health details for emergency care



1. Save your emergency contact (ER Health Buddy) and doctors contact details.
2. Emergency contact shares your health summary with ER/EMS during an emergency.

- > Don't forget to update your information before your doctor visit
- > Inform the staff you have the app and share health summary via email/text
- > Take a picture and upload any orders/reports provided after each visit
- > Monitor and update your app regularly and keep your data current